

SMACK! YOU'VE BEEN PINNED!

By: Samantha Green
Reporter

For all of you who enjoy getting seeing your classmates getting rowdy, wrestling is for you. Valencia's Wrestling team has been present since 1959 and its seasons present a rather interesting rush for all you adrenaline junkies. With an objective like pinning your opponent down it's difficult not to love the sport. This year's team has 75 members, 73 of them being male and 2 of them being female, a rather interesting dynamic for all you sports watchers. With coaches like Coach Rodriguez, Quintero and Jenkins how could the team not be successful? Especially since they've been competing in a league of seven schools and

have been on top for the past few. The weight classes vary from 103 pounds to 285 pounds.

I sat watching the wrestlers trying to tackle each other, I managed to get a few words in with one of the member, Orlando Perez who happened to be injured. Even with this minor set back he still trudged on to watch his fellow team mates tackling each other and told me he's be back wrestling within one week. This is the tenacity that stands within our school's wrestling team. I even managed to get a little snippet of Mr. Rodriguez flipping Steve Sagastume in a move called "double leg" as team Captain Daniel Chavez told me. When speaking to Daniel Chavez (12), team captain he said, "we're gonna win CIF this year." Another confident push. The wrestling team has tournaments every Saturday, locations

varying but as a school we host two of these tournaments. We should all be out supporting our team that has been vastly growing these past three years. Each competition can have as little as 8 teams or as large as 70, it mainly depends on the time and place. As Mr. Rodriguez promotes Valencia is, "probably one of the favorites to win league or top CIF." With such a confident coach there's no denying that our wrestling team will be doing well this year and with the support of all of us the team will be successful. "Always push yourself, never quit, once you think you cant that means you can do so much more, we've seen this with our athletes, they get bigger and stronger and just keep going," Coach Marin states when speaking about his trainees. For more information one can look on the school website to see upcoming dates, times and locations.

CASEY/CHISM SCHOLARSHIP

By: Andy Anusiem
Reporter

Leading the varsity squad, dedicated seniors Casey Hinger (12) and Chisom Okpala (12) have received scholarships, and look to live up to expectations at their separate universities. Casey, the volleyball captain, has received a scholarship to Cal State Northridge, and Chisom, co-captain, acquired a scholarship to Cal State Long Beach.

Casey, after debating, decided she can succeed in Northridge. "It was hard, but I chose Northridge because it had the programs I wanted." Her leadership has also been shown in their games, as they lead the team in most statistics, and energize and inspire the team on and off the court. Casey has battled through injuries throughout her whole high school career, but was still able to receive a scholarship for her skill. Casey keeps a positive

attitude, commenting "Yes, I have had multiple knee injuries, but you've got to push through the injuries in order to win."

Chisom, volleyball co-captain, is extremely excited for the opportunity to exceed past the level of high school and perform for an even larger crowd. Chisom enjoys her "reward" for her dedication, being the scholarship, and is glad that she has a chance to show her talent. She looks forward to the opportunity and is glad she received this scholarship. "It feels good because you know your hard work has accomplished something, and you can feel good about your accomplishments," Chisom said, commenting on how she feels getting a scholarship. Chisom is still preparing for college volleyball though. Casey and Chisom set goals before the season, during season, and now, after their last season. Casey and Chisom look forward to this season, which will provide them with good preparation for their designated colleges.

VOLLEYBALL "SERVING UP VICTORY"

By: Reetu Inamdar
Editor

The Valencia High School Volleyball team is determined to win the CIF championship and league games. Not only are they determined to win as many games as possible and to possibly bring home a trophy.

The girls are not only excited about the season so far, they are also very happy with the progress so far. Allie Banas (11) said, "Our season is going well, we had two tournaments already and we had our first league game already as well." They are all ecstatic for the upcoming season, as they battle on other schools.

The team practices everyday including Saturdays, except on the days when we have games. The practices range from two to two and a half hours. The team is

truly determined to win and balance their academic goals and outside curricular activities as well.

Many of the girls are truly determined and are looking forward to this season. "We know we're going to win league! We have worked hard this summer and look to accomplish a lot" said Casey Hinger (12). Casey Hinger has received many scholarship

opportunities and is truly determined to advance to the CIF championship.

The entire team is determined to show the Valencia Tigers school spirit and are eager for the upcoming games. Allie said, "Come support us at our games!" So lets not let them down and come cheer on our Valencia Volleyball Team as they head on other schools in the division. Casey said, "I have no doubt that we are going to win league, and be huge contenders in CIF."



CASEY HINGER (12) AND CHISOM OKPALA (12) PRACTICING THEIR SPIKING. PHOTO BY: STEVEN OEI.



RULE THE POOL WITH WATER POLO

By: Samantha Green
Reporter

The Water Polo team was 1st in league and reached the CIF Finals last year. However, five of them have graduated. Although the team is still strong, can it replicate its previous success? They, however, still are holding their confidence as there battling on this season.

Right now, it's too soon to say of their progress as the team has been playing for a few games. The season is still young and there is still time to flourish. with the loss of five seniors, it's sink or swim for the team, but if there's one thing Water Polo is good at, it's swimming and the school can be certainly confident at that.

The challenges facing the team are certainly high. Water Polo requires incredible amounts of conditioning. The team needs to be tough physically and leg strength is a must. But in addition to the physical requirements, the mental work is also quite taxing. The players needs team skills to excel in Water Polo as well. Six people need to be able to manage both offense and defense, and a player needs to know their teammates' strengths and their weaknesses. It's a challenge that many cannot handle.

Still, it appears as if this team can handle it. Although the team is weakened by the loss of several seniors, Coach Ma feels the team is still strong, and he remains confident in the team. Coach Ma said, "We're doing ok, we're still a young team." He added, "We only have one senior, which makes it hard to compete at the varsity level." The

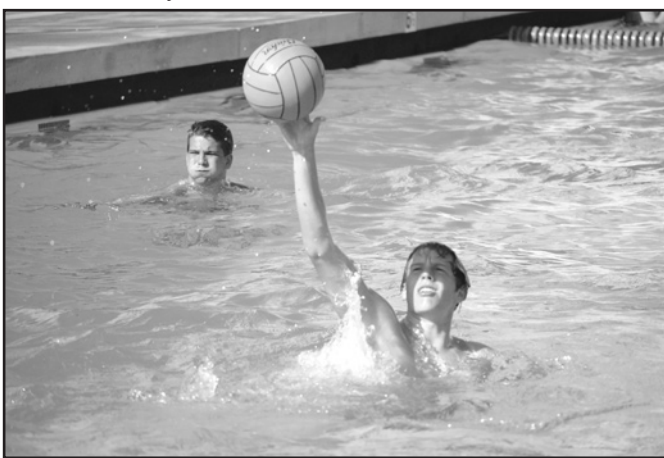
team is rising to the occasion. The Valencia team has won four games so far. Mr. Ma stated, "It'll be difficult but we're currently ranked 4th in CIF." Already, they appear to be unassailable.

Despite their stunning success so far, the team still isn't perfect-though humans never are-and Coach Ma noted that "[our] offense is kind of weak. We need to work on our offense." When asked for any potential star players, Coach Ma replied, "Probably Paul Schindler."

The newspaper had a chance to discuss Water Polo with Schindler. He is quite confident in his team's skills, stating that he expects at least "to be undefeated in league and

at least 3rd in CIF." They've certainly prepared for such, with Schindler explaining they've been "going to practices morning and afternoon". Although Schindler feels "we've been working really well together... there's still a lot of room for improvement." Echoing Coach Ma's statement, he stated that "we can definitely improve on our offense."

That's not to belittle the team. Schindler stated "we feel strongest in our defense" and that, as of yet, they were undefeated. He hopes to stay undefeated and for the team to reach 1st in CIF. Nothing is certain yet, but one can be confident in their abilities. Paul certainly is confident. One of the highlights of the Water Polo season so far is when Paul Schindler was able to score 5 goals in the 4th quarter against Yorba Linda, a decisive move. The season may be young, but the Tigers are off to a strong start. It looks like, once again, they will rule the pool.



WATER POLO TEAM PERFECTING THEIR PASSING TECHNIQUES. PHOTO BY: STEVEN OEI.

DING-A-LING, WE CLIPPED THEIR WINGS!

EL DORADO POWNED BY VALENCIA WITH A WIN OF 23-10

By: Andy Anusiem
Reporter

With the fresh new smell of an upcoming football season, Valencia football head coach Mike Marrujo's disciplined and dedicated Tigers start 3-0, including a 23-10 win over cross-town rival El Dorado in the 39th Bell Game. The Tigers have worked hard and are determined, which is shown through their defense and practices. The Tigers have trained hard in practice with a new demeanor, Coach Marrujo has renewed their confidence through his defense, and the coaches and star players have led the tigers on and off the field. Their hard preseason training and practice was shown at the first game, with a 13-0 victory against non-league opponent Brea Olinda. The Tigers stellar shut-down defense of Valencia held the Wildcats to zero points, and sophomore running back Gabriel Perez (10) led the team in rushing with 62 yards

on 18 carries. Senior Robert Mata (12) completed 9 of 17 passes, including one 7-yard touchdown pass to receiver Greg Hammond (12). Gabriel scored the game's only touchdown, and the Tigers went home with a 13-0 victory.

But the Wildcats were not the only football team to suffer to a well-structured Tiger defense. Villa Park tried to find a way past Valencia's defense, but the Tigers ended the game with their consecutive shutout. The Tigers won 17-0. Greg Hammond returned a 59 yard interception for a touchdown, Omar Perez (12) scored a deciding rushing touchdown on 3rd and goal on the Villa Park 1 yd line, and Caleb Carreno (11) topped the scoring parade with a 40 yard field goal. "We feel like everybody on our defense can tackle." Coach Marrujo proudly claimed. Coach Marrujo has a lot to be proud of on his defense, and Valencia presented a disciplined face to the team with an interception and blocked punt by line-backer Greg Hammond, two sacks by

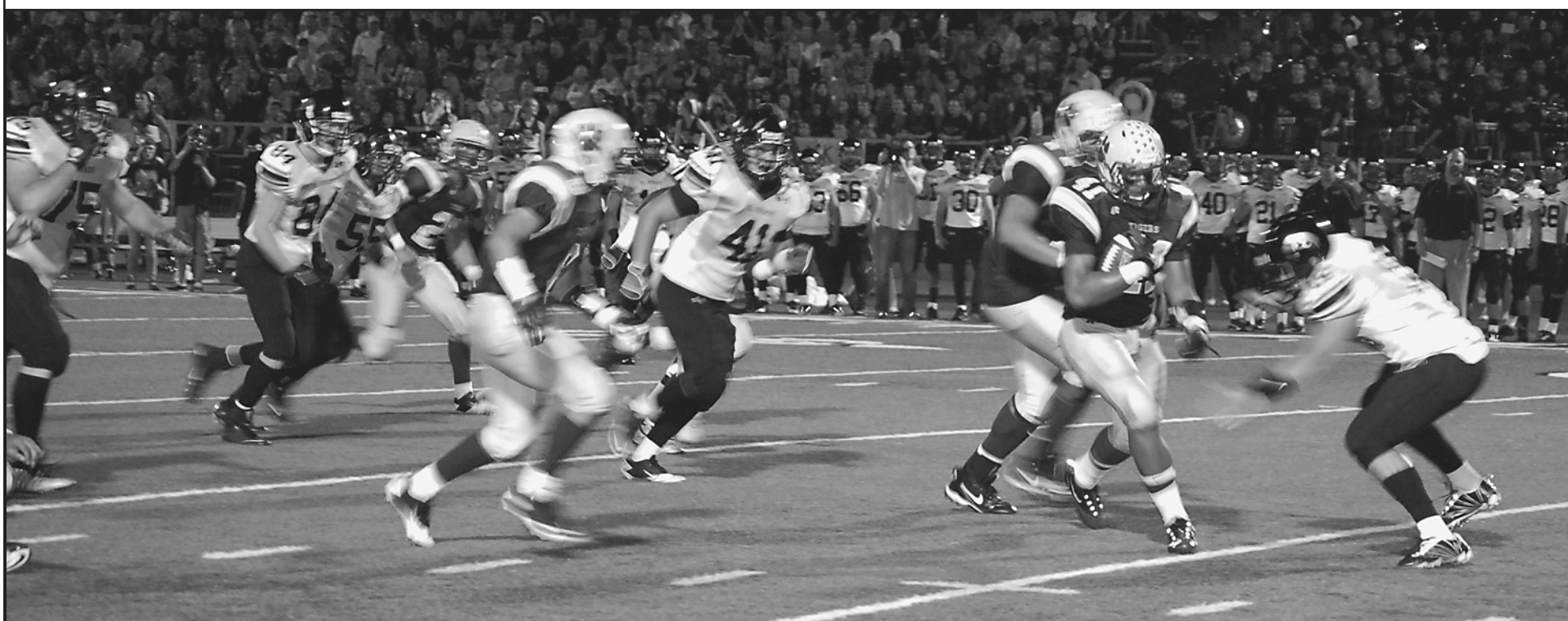
defensive tackle Jason Sota (12), and kept Villa Park to 54 yards rushing.

The Valencia Tigers have a lot to look forward to this season, especially with the fact that they are defeating teams without the assistance of one of their premier running backs, Steve Logovi. He broke his hand in a Valencia scrimmage, but hopes to recover so the team can use his talent.

The Tigers spent week 3 with a well-deserved bye, where they were given the opportunity to rest their players for one of their biggest games of the year – The Bell Game. Valencia was looking forward to the opportunity for revenge against El Dorado's football team since the day the Chickens Hawks defeated us 28-15 last year. Well, the Tigers didn't disappoint. Led by Omar Perez and Robert Mata, the Tigers claimed a 23-10 victory. "This was a very important game, and we wanted to show we were league contenders and that we are a good, high caliber team." Robert Mata said,

stressing the importance of this game. El Dorado claimed an early lead when the Hawks' running back broke away for a 56 yard run. The Tigers' defense was able to hold them to a field goal, and never looked back after that. In the second quarter, as Omar Perez dragged four defenders attached to him into the end zone as the Tigers got their first score of the night. On the Tigers' next drive, Robert Mata threw ten completed passes on ten attempts for 102 yards, and Gabe Perez finished off with a touchdown on fourth down and one yard. The Tigers were also glad to receive the help of wide receiver Mac Langenwaller, who led the team with 128 reception yards, including a deciding 76 yard touchdown that gave the tigers a 14-3 lead over El Dorado. "We have been working very hard this preseason, and we look forward to the rest of the season with high hopes. Robert Mata claimed. With Valencia standing behind their football team, we know we are headed for greatness.

VALENCIA CLIPPED EL DORADO'S WINGS, AND THEIR HOPES OF KEEPING THE BELL FOR ANOTHER YEAR, AND TOOK THE BELL BACK WITH A 23-10 VICTORY. PHOTO BY: BEN CERCEA



"YOU GOT SERVED": TENNIS TAKE DOWN

By: Reetu Inamdar
Editor

The Valencia High School Girls Tennis team truly has been dedicated to their training and practices. Not only have they started the season with two league wins but they have also kept their tiger spirits high in hopes of going to the CIF championship.

As the girls strike the ball, they show true dedication in aims of having a great season. The Tennis Tigress kicked off with a strong start as they won their first two games, with eleven more to go. Tennis player, Diana Totolu (11) comments, "We are improving as we go on and we hope to win league championship and go to CIF." Diana, along with many of her other teammates can agree to their main goals this season.

The girls continue to work diligently at practice as they run to build stamina, play against each other to practice, and hit balls back and forth to practice their aim. As these girls con-

tinue to strive to reach their goals they dedicate themselves, day and night. They are not only dedicated to winning and going all the way in the division they also continue to pursue their academic duties. They do a great job balancing both their dedicated schedule for tennis, but also their school work.

To adhere to the girls academic performance the team can agree that they continue to get better as they practice more.

The girls practice every day for two and a half hours and still find time to excel in school as well as in tennis, showing true Tiger pride. Captain Miwa Ishisaka (12) believes that they as a team have become more consistent and strive to better themselves for the future. "We are doing well so far and we hope to really kick some serious butt this season!" Her expectations, along with her co-captains can agree that they need to win most of the games to really have a chance to make it to CIF championship. "The girls have been training really hard," says Miwa. She really believes that

the team, not only has potential but true dedication to really hit it hard.

The tennis team overall has moved up in division and is tak-

ing up a more challenging level. With great confidence player Krystal Nam proudly said, "We are a big family. All for one and one for all!"

TENNIS TEAM PRACTICING THEIR SERVES. PHOTO BY: AADILA PARUK

